



# NORDIC JUNIOR CHAMPIONSHIPS

13.-14.8.2016

Lahti, Joutjärvi



## KAYAK FLATWATER RACING 2016





## INVITATION

The Finnish Canoe and Rowing Federation and organizing clubs Vesisamoilijat from Lahti, Vanajaveden Vesikot from Hämeenlinna and Saaristomeren Melojat from Turku are pleased to invite the national teams from *Denmark, Finland, Norway and Sweden* to

### NORDIC CHAMPIONSHIPS – SPRINT CANOE 2016

**13.8-14.8 2016, Lahti Finland**

#### Competition classes:

##### W 16:

K1 200m, K1 500m, K1 2500m

K2 200m, K2 500m, K2 2500m

K4 200m, K4 500m

Relay 4 x K1 200m

##### W 18:

K1 200m, K1 500m, K1 1000m, K1 5000m

K2 200m, K2 500m, K2 1000m, K2 5000m

K4 200m, K4 500m

##### W 21:

K1 200m, K1 500m, K1 1000m, K1 5000m

K2 200m, K2 500m, K2 1000m, K2 5000m

K4 200m, K4 500m

##### M 16:

K1 200m, K1 500m, K1 2500m

K2 200m, K2 500m, K2 2500m

K4 200m, K4 500m

Relay 4 x K1 200m

##### M 18:

K1 200m, K1 500m, K1 1000m, K1 5000m

K2 200m, K2 500m, K2 1000m, K2 5000m

K4 200m, K4 1000m

##### M 21:

K1 200m, K1 500m, K1 1000m, K1 5000m

K2 200m, K2 500m, K2 1000m, K2 5000m

K4 200m, K4 1000m

In the races of 2500m and 5000m maximum 5 boats per country. In the shorter races maximum two boats per country. Boat numbers for long distance races are supplied by organizer.

#### Entries:

**Preliminary entries** latest on Friday 15<sup>th</sup> of July 2016, including number of boats for each start, number of competitors and team members requiring accommodation and meals.

**Final entries** latest on Tuesday 2<sup>nd</sup> of August 2016. Final entry must include race class and names of athletes for each race, names of other team members.

All entries to be sent to [rata@vesisamoilijat.fi](mailto:rata@vesisamoilijat.fi)

#### Participation fee:

**Participation fee** latest on Tuesday 2<sup>nd</sup> of August 2016. The participation fee is 120€ per person. It covers entry for the competitions, accommodation for 2 nights, breakfast and lunch on Saturday and Sunday, dinner on Friday and Saturday. Fee is paid to Vesisamoilijat:

IBAN: FI34 1519 3006 1026 99

SWIFT/BIC: NDEAFIHH



Preliminary program (see our web site for timetable of starts):

Friday:

School opens at approx. 16:00, Boat control is open 16:00 -19:00

Opening ceremony 18:00

Dinner from 19:00

Team leader meeting 20:30

Saturday:

Breakfast 6:30-8:30

First start 9:00

School open for lunch 11:30-13:45

Dinner from 19:00

Sunday:

Breakfast 6:30-8:30

First start 9:00

School open for lunch 11:30-13:45

Closing at approx. 16:30

Accommodation and meals:

Accommodation will be at school of Möysä, 100m from the competition site. (Street address: Hiljankuja 6) Participants bring their own mattress and sleeping bag. All meals are served at the school cafeteria. At the competition site there will be available cold and hot beverages, sandwiches etc.

Location:

The competition will be held at Vellamo stadium, lake Joutjärvi in Lahti, Finland (60°58'44.9"N 25°41'25.0"E) (Street address: Uimarannankatu). The stadium is located 2km from the city centre, closest food store is located about 300m from the competition centre. (See attached map)

How to get there:

From Helsinki-Vantaa airport to Lahti there is bus transportation almost every hour, travel time is 1h 30min. Discount price for ticket 10€, can be bought from bus driver in most buses. Some buses might have higher prices. There is also a train connection from the airport to Lahti, with one change in Tikkurila. Bus and train stations are at same location in Lahti, from where is available local bus connection to competition centre.

Information:

Follow our home site for more information.

Contact:

Vesa Liuska +358 40 5585636, Jenni Walinen +358 40 4512870

e-mail: [rata@vesisamoilijat.fi](mailto:rata@vesisamoilijat.fi)

homesite: <https://sites.google.com/a/vesisamoilijat.fi/vesisamoilijat/vesisamoilijoiden-kilpailutapahtumat>

Post address: Vesisamoilijat, Vellamo melontastadion, 151150 LAHTI, Finland

## Welcome to Lahti

