



NORDIC JUNIOR CHAMPIONSHIPS - SPRINT CANOE 2016
13.8-14.8.2016, Lahti FINLAND
PROGRAM

Revised 7.8.2016

Saturday 13.8.2016

Race #	Time			
1	09.00	W16 K4-200m	Final	
2	09.07	M16 K2-200m	Final	
3	09.15	W18 K1-200m	Final	
4	09.22	M18 K1-200m	Final	
5	09.30	M21 K4-200m	Final	
6	09.37	W21 K2-200m	Final	
	09.45	Medal ceremony races 1-6		
7	10.22	M16 K4-200m	Final	
8	10.30	W16 K2-200m	Final	
9	10.37	M21 K1-200m	Final	
10	10.45	W21 K1-200m	Final	
11	10.52	W18 K4-200m	Final	
12	11.00	M18 K2-200m	Final	
	11.07	Medal ceremony races 7-12		
Lunch open for teams 11.30-13.45				
13	11.45	W21 K4-200m	Final	
14	11.52	W18 K2-200m	Final	
15	12.00	W16 K1-200m	Final	
16	12.07	M16 K1-200m	Final	
17	12.15	M18 K4-200m	Final	
18	12.22	M21 K2-200m	Final	
SO1	12.30	SO K1-200m	Final	Special Olympics start
	12.35	Medal ceremony races 13-18, SO1		
SO2	13.50	SO K1-500m	Final	Special Olympics start
19	14.00	W18 K2-1000m	Final	
20	14.07	M18 K2-1000m	Final	
21	14.15	M21 K4-1000m	Final	
22	14.22	W21 K1-1000m	Final	
	14.30	Medal ceremony races SO2, 19-20		
23	14.50	M16 K1 4*200m relay	Final	
24	15.00	W16 K1 4*200m relay	Final	
25	15.15	M18 K1-1000m	Final	
26	15.22	W18 K1-1000m	Final	
27	15.30	M21 K1-1000m	Final	
28	15.37	W21 K2-1000m	Final	
	15.45	Medal ceremony races 23, 24, 26, 28		
29	16.15	M18 K4-1000m	Final	
30	16.22	M21 K2-1000m	Final	

31	16.35	M16 K1-2500m	Final
32	16.37	W16 K2-2500m	Final
33	16.55	M18 K2-5000m	Final
34	16.57	W18 K1-5000m	Final
35	17.30	M21 K2-5000m	Final
36	17.32	W21 K1-5000m	Final
	18.10	Medal ceremony races 21, 22, 25, 27, 29-36	

Sunday 14.8.2016

37	08.30	W16 K4-500m	Final
38	08.37	M16 K2-500m	Final
39	08.45	W18 K1-500m	Final
40	08.52	M18 K1-500m	Final
41	09.00	W21 K2-500m	Final
	09.07	Medal ceremony races 37-41	

42	09.37	M16 K4-500m	Final
43	09.45	W16 K2-500m	Final
44	09.52	M21 K1-500m	Final
45	10.00	W21 K1-500m	Final
46	10.07	W18 K4-500m	Final
47	10.15	M18 K2-500m	Final
	10.22	Medal ceremony races 42-47	

Lunch open for teams 11.00-13.15

48	11.00	M16 K1-500m	Final
49	11.07	W16 K1-500m	Final
50	11.15	M21 K2-500m	Final
51	11.22	W21 K4-500m	Final
52	11.30	W18 K2-500m	Final
	11.37	Medal ceremony races 48-52	

53	13.00	M16 K2-2500m	Final
54	13.02	W16 K1-2500m	Final
55	13.20	M18 K1-5000m	Final
56	13.22	W18-K2-5000m	Final
57	13.55	M21 K1-5000m	Final
58	13.57	W21 K2-5000m	Final
	14.35	Medal ceremony races 53-58	

Championship closing